

Worried about rising costs?

Speak with our Advice & Financial First Aid Advisers.

Where possible, we can help you:

- Increase your income through unclaimed benefits or grants
- Reduce your outgoings through budgeting, access to lower social tariffs and savvy shopping
- Reduce energy usage
- Access debt advice
- Access emergency food or fuel vouchers

**We will be at:
Freshbrook Church
Tuesday 28th
March
10am-4pm**

